# STUDENT HANDBOOK

# First English Global College

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# 1.Study Abroad

#### ·About Belongings

# Preparation

| Passport                    | Please check the expiration date. A valid          | *** |  |
|-----------------------------|--|-----|--|
|                             | period of stay + 6 months is required. Don't       |     |  |
|                             | forget to make a copy in case you lose it!         |     |  |
| Flight Ticket               | If you do not have a round-trip ticket or a        | *** |  |
|                             | ticket to leave the Philippines, you will not be   |     |  |
|                             | able to enter the country. Be sure to check        |     |  |
|                             | the round-trip ticket (if you plan to depart to    |     |  |
|                             | a third country after the Philippines, the         |     |  |
|                             | ticket for that trip instead of the return ticket) |     |  |
|                             | and keep a copy separately in case it is lost.     |     |  |
|                             | If you have an E-ticket, please be sure to         |     |  |
|                             | prepare a copy of your E-ticket. Even if you       |     |  |
|                             | have purchased an open ticket, please set a        |     |  |
|                             | temporary return date and bring it with you        |     |  |
|                             | when entering the country. If you do not set       |     |  |
|                             | a return date, you may be refused entry.           |     |  |
| SSP Application             | Please prepare your passport and 2 photos          | *** |  |
| Documents                   | (5cm x 5cm / white background / without            |     |  |
|                             | glasses).  |     |  |
| Corona vaccination          | Those who have received less than two              | *** |  |
| certificate Antigen test    | vaccinations must have a negative antigen          |     |  |
| certificate within 24 hours | test certificate within 24 hours of entering the   |     |  |
| (English)                   | Philippines. ※ English                             |     |  |
|                             | Also, if you have been vaccinated against          |     |  |
|                             | the corona vaccine more than once, be sure         |     |  |
|                             |  |     |  |

|   |                           | to bring your vaccination certificate.        |     |  |
|---|---------------------------|---|-----|--|
|   |                           |   |     |  |
|   | Overseas travel insurance | Be sure to purchase overseas travel           | *** |  |
|   |                           | insurance. Also, please bring your insurance  |     |  |
|   |                           | card. Insurance attached to credit cards may  |     |  |
|   |                           | not be cashless. Please be sure to check      |     |  |
|   |                           | with the card company in advance and bring    |     |  |
|   |                           | a copy of your contact information.           |     |  |
| Ī | Mother and Child          | If you are traveling with a child from 1 year | *** |  |
|   | handbook                  | old to elementary school age, please bring a  |     |  |
|   |                           | maternal and child health handbook.           |     |  |
|   |                           | You will need it when you are diagnosed       |     |  |
|   |                           | with an illness or injury.                    |     |  |
|   | Cash                      | After the orientation, you will be asked to   | *** |  |
|   |                           | pay the local fee. There are many cases       |     |  |
|   |                           | where credit cards cannot be used locally,    |     |  |
|   |                           | so please bring cash for the local expenses   |     |  |
|   |                           | and allowance. We will guide you to the       |     |  |
|   |                           | exchange office and support you.              |     |  |
|   | International Cash card   | For stays of 12 weeks or longer, it is        |     |  |
|   |                           | convenient to bring an international cash     |     |  |
|   |                           | card that allows you to withdraw in local     |     |  |
|   |                           | currency. Cash cards with the "Cirrus" or     |     |  |
|   |                           | "Plus" mark can be used. Check the amount     |     |  |
|   |                           | you can withdraw and how often you can        |     |  |
|   |                           | use it.                                       |     |  |
|   | Credit Card               | Credit cards are accepted at hotels, some     | **  |  |

|                          | restaurants and shopping malls. Also, cash     |     |  |
|--------------------------|--|-----|--|
|                          | can be cashed at the local ATM only if the     |     |  |
|                          | cashing function is added at the time of       |     |  |
|                          | creation.                                      |     |  |
|                          |  |     |  |
| Dictionary               | It is essential to bring an electronic         | *** |  |
|                          | dictionary that is convenient to carry!        |     |  |
|                          | Also, if you have a smartphone, it's better to |     |  |
|                          | install an app with a dictionary function that |     |  |
|                          | you can use offline☆ (We recommend the         |     |  |
|                          | app "WISDOM"!)                                 |     |  |
|                          |  |     |  |
| Writing Utensil          | You will need to fill out an immigration card  | **  |  |
|                          |  | ^^  |  |
|                          | on the plane, so it is convenient to bring it  |     |  |
|                          | with you.                                      |     |  |
| Reference Book           | It is useful to have reference books and       | *   |  |
|                          | vocabulary books for grammar and               |     |  |
|                          | conversations that you used in your country.   |     |  |
| Equipment that can shoot | We use it in our presentation class to record  | *** |  |
| movies                   | a video of my presentation.                    | *** |  |
| (digital camera,         |  |     |  |
| smartphone, etc.)        |  |     |  |
|                          |  |     |  |
| Earphone                 | You need it for your listening class. If you   |     |  |
|                          | have earphones, please bring them.             |     |  |
| Hair Dryer               | There is a standard type hair dryer in the     | *   |  |
|                          | dormitory, but if you need a special type,     |     |  |
|                          | ,, , , , , , , , , , , , , , , , , , ,         |     |  |

|                | please bring it with you.                       |     |  |
|----------------|---|-----|--|
| Transformer    | It is necessary when using home appliances      | *   |  |
|                | with domestic specifications. For those who     |     |  |
|                | purchase new home appliances and bring          |     |  |
|                | them with them, it is convenient to purchase    |     |  |
|                | the one labeled 100V-220V.                      |     |  |
| Charger        | Don't forget your chargers! Procuring only      | *** |  |
|                | the chargers locally is difficult and           |     |  |
|                | expensive.                                      |     |  |
| Clock          | Having a watch or alarm clock is useful.        | *   |  |
| Clothes        | It's summer in Cebu all year round, but the     | **  |  |
|                | air conditioning in the shopping center is      |     |  |
|                | strong, so it's convenient to bring long        |     |  |
|                | sleeves. There is also a laundry service, but   |     |  |
|                | no dry cleaning, so avoid expensive clothes.    |     |  |
| Towels         | You will need 2-3 towels. It is also possible   | *** |  |
|                | to purchase locally. It is not installed in the |     |  |
|                | dormitory.                                      |     |  |
| Indoor shoes   | Please bring two pairs of indoor shoes such     | *** |  |
|                | as slippers. (for dormitory, classroom)         |     |  |
| Cap,Sunglasses | The sun is pretty strong, so it's a good idea   | *   |  |
|                | to bring something with you.                    |     |  |
|                | Don't forget that public toilets in the         | **  |  |
| Tissue         | Philippines often don't have toilet paper!      |     |  |
|                | Local purchase is also possible.                |     |  |
| Medicine       | It is possible to purchase locally, but please  |     |  |
|                | bring what you are used to as much as           |     |  |

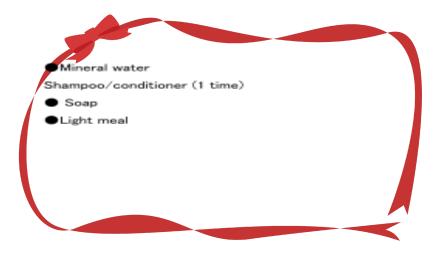
|                             | possible. (Stomach medicine, cold medicine,      |    |  |
|-----------------------------|--|----|--|
|                             | pain reliever, insect bite ointment, etc.)       |    |  |
|                             | Please prepare the one that suits your skin      | ** |  |
| Sunscreen/Cosmetics         | type.  |    |  |
| Insect Protection           | It is a good idea to bring an indoor insect      | ** |  |
|                             | repellent that does not use electricity or fire. |    |  |
|                             | It's also a good idea to have some insect        |    |  |
|                             | repellent that you spray on your skin.           |    |  |
| Shampoo                     | Shampoo, conditioner, body soap,                 | ** |  |
| Champoo                     | toothpaste, toothbrush, razor, towel, etc. are   |    |  |
|                             | not provided. It is possible to buy locally.     |    |  |
|                             |  |    |  |
| Sanitary Items              | You can buy it locally, but if you are           | ** |  |
|                             | particular about it, we recommend that you       |    |  |
|                             | bring your own.                                  |    |  |
| Hangers, clothespins, etc.  | Especially for women, many people prefer to      | ** |  |
|                             | wash their underwear by hand, so it is           |    |  |
|                             | convenient to have a clothesline for travel.     |    |  |
| Eye glasses, Contact lense  | Please prepare extra. Contact lens cleaning      | ** |  |
|                             | and storage solution can be purchased            |    |  |
|                             | locally (80-250 pesos)                           |    |  |
| Umbrellas                   | The dry season is from January to May, and       | ** |  |
|                             | the rainy season is from June to December.       |    |  |
| Unnecessary children's      | Our school regularly volunteers for children     |    |  |
| clothes, shoes, stationery, | in the area around the school.                   |    |  |
| etc. (please bring them     | At that time, we are making donations, so        |    |  |
| arbitrarily)                | we would appreciate it if you could bring        |    |  |
|                             | clothes, shoes, daily necessities, stationery,   |    |  |

| etc. that you do not use as much as |  |
|-------------------------------------|--|
| possible.                           |  |

\*Many items can be purchased locally. But if you think about homework or self study you can not go

Welcome present

At our school, we are preparing welcome gifts for all students who have arrived.



#### About VisaAbout Visa

You will be given a 30-day tourist visa upon entering the Philippines. However, for stays longer than

30 days, the visa must be renewed every two months. What you need for visa extension is your

passport and visa extension fee.

\*The 30-day visa can be obtained on the condition that you have a return ticket. Please bring a return

ticket to leave the country within 30 days or a departure ticket from the Philippines to another country.

About Passport

Your passport must be valid for the period of stay plus 6 months. If you are a long-term student and need to renew your passport in the Philippines, in principle, you will be responsible for it. The school cannot be held responsible for any problems that arise.

About Expense

• What is included in the study abroad fee to be paid before travel

| Entrance Fee  | Registration fee, ID card creation fee, level test, etc.   |
|---------------|--|
| Tuition       | Tuition fee for one-on-one and group classes   |
| Accommodation | Prices are different depending on room type and number of guests.<br>Share house plan / Condominium plan |
| Room Cleaning | Twice weekly cleaning service is included.   |
| Wi-Fi         | Wi-Fi is available in the classrooms and school dormitories (share houses and condominium rooms).        |

• Expenses to be paid after arriving at our school

| SSP Cost       | 6,800Peso |            | Application is required            |
|----------------|-----------|------------|------------------------------------|
|                |           |            | regardless of the period.          |
| VISA Extension |           |            | If your passport is a visa waiver  |
|                | 0-30 days | 0Peso      | country, you are exempt from       |
|                | 5~8weeks  | 4,130Peso  | visas for stays of up to 30 days   |
|                | ~12weeks  | 9,530Peso  | in the Philippines. If you want to |
|                | ~16weeks  | 12,960peso | stay longer than that, you will    |
|                | ~20weeks  | 16,390peso | need a visa. The extension fee     |
|                | ~24weeks  | 19,820peso | varies according to the length of  |
|                |           |            | stay and is applied for by the     |
|                |           |            | school.                            |

| ACR I-card Cost   | 3,500peso        | An application is required for       |
|-------------------|------------------|--------------------------------------|
|                   |                  | stays longer than 8 weeks. The       |
|                   |                  | application is made by the           |
|                   |                  | school.                              |
| Dormitory Deposit | 2,000peso        | Payment is due by Wednesday          |
|                   |                  | of the week of enrollment. If        |
|                   |                  | there is no particular problem       |
|                   |                  | with the room you stayed in, we      |
|                   |                  | will return it on the last Friday of |
|                   |                  | the week.                            |
|                   |                  |                                      |
| Teaching Material | 1,500peso/4weeks | Based on the results of the level    |
|                   |                  | test on the first day, the lesson    |
|                   |                  | level and curriculum will be         |
|                   |                  | determined, and teaching             |
|                   |                  | materials will be prepared           |
|                   |                  | accordingly.                         |
| Electricity Cost  | 500peso/week     | Depending on the length of stay,     |
|                   |                  | payment is due by Wednesday          |
|                   |                  | of the week of enrollment. 15        |
|                   |                  | pesos/1kw will be added to the       |
|                   |                  | amount (per week) that exceeds       |
|                   |                  | 30kw due to meter                    |
|                   |                  | measurement, and will be settled     |
|                   |                  | on the last Friday of the week.      |
| Maintenance Cost  | 800 peso/week    | You will be charged according to     |
|                   |                  | the number of weeks you stay.        |

| ECC Cost        | 1,500peso/week    | Those staying in the Philippines  |
|-----------------|-------------------|-----------------------------------|
|                 |                   | for more than 6 months must       |
|                 |                   | apply. To apply, the person       |
|                 |                   | himself/herself goes to           |
|                 |                   | immigration and performs          |
|                 |                   | fingerprint authentication.       |
|                 |                   | (Self-payment of transportation   |
|                 |                   | expenses)                         |
| Airport Pick Up | 1,000peso/one way | Pick-up is available 24 hours a   |
|                 |                   | day, but if you arrive before 9am |
|                 |                   | on Sunday, you will be charged    |
|                 |                   | for the previous night's stay.    |
| Extention Stay  | 2500 peso/night   | This is only necessary for those  |
|                 |                   | who wish to extend their stay     |
|                 |                   | due to flight ticket issues, etc. |
|                 |                   | when returning to your country.   |

#### Personal allowance

It depends on the individual. Some reference examples are given, so please consider according to your own lifestyle. In addition, the exchange rate is better at the local money changer than at the airport. There is a currency exchange office 2-3 minutes on foot from the school, so we will guide you and support you.



In the Philippines, if you are studying or staying for more than 30 days due to visa issues, you will need a return ticket to a third country within 30 days. If you plan to study abroad for more than 30 days, you must purchase an airline ticket with a return date of 30 days or more, and change the return date after entering Japan.

If you are transferring in Manila, it may take some time to move between terminals, so we recommend that you allow 2-3 hours for your connecting flight.

After immigration, you will be subject to customs checks.

Although it is rare, it seems that even tourists will be searched carefully if there seems to be a lot of luggage. If you are asked to open your luggage, please follow it .

Airplane luggage precautions

Free checked baggage (baggage to be checked)

Depending on the airline, an excess charge of 6,000 to 10,000 yen will be added.

Be sure to properly weigh and prepare the luggage to be entrusted.

~ Range of free checked baggage of major airlines that fly into Cebu ~

| Philippine Airlines | 23KG per piece. Up to 2 pieces.                               |
|---------------------|---|
| Korean Airlines     | Regardless of the number of pieces, the total weight is up to |
|                     | 20KG.   |

| Asiana Airlines | Regardless of the number of pieces, the total weight is up to |
|-----------------|---|
|                 | 20KG.   |

\*The range of free checked baggage may change suddenly, so please be sure to check the website

of each airline and use it as a guide only.

\* If you use LCC such as Jeju Air or Cebu Pacific, additional charges will be incurred for checked

luggage.

If you choose a plan that includes checked baggage fees when purchasing your ticket, please double

check the weight.

Please note that charges will be added at the airport if the weight exceeds the original purchase

weight.



Regarding carry-on baggage

There are aviation security restrictions on carry-on luggage. Especially regarding liquids, there are

strict restrictions, so be sure to check.

~Rules for Carrying Liquids on Board as Baggage~

•Liquids in containers of 100ml (g) or less with a capacity of 1 liter or less

Please put it in the zip lock with plenty of room.

If it's in a ziplock, you can carry up to 1 liter in total.

\*Even if it is a container of 100ml or less, it can be stored in a zip lock.

If you don't have it, you can't bring it in.

•The approximate size of a zip lock that can be used as a carry-on is 20 cm or less in length x 20

cm or less in width. Items with a gusset cannot be used as the capacity will exceed 1 liter.

\*Only one ziplock bag per person.

• It is okay if it exceeds 100ml if you put it in a suitcase etc. as free consignment baggage.

~Liquid check subject to regulations!~

There is also something like "Eh! This is also a liquid!" If you do not follow the rules, such as not

putting it in a ziplock even if you have prepared it, or exceeding 100ml (g), it will be confiscated at the

security checkpoint!

\* Examples of items treated as liquids

•Omit obvious liquids such as lotion, liquid medicine, contact lens storage solution, and insect

repellent spray.

| Hand Cream | Tooth paste | Sun screen |
|------------|-------------|------------|
|------------|-------------|------------|

| liquid foundation | Lip Gloss        | jelly lipps          |
|-------------------|------------------|----------------------|
| Face Washing      | Ointment         | Manicure             |
| Mascala           | liquid eyeliner  | Antiperspirant spray |
| Water Glue        | Correction fluid | Fountain pen ink     |

\* Puddings and jellies that you bought with the intention of eating ther

you cannot bring them onboard. However, you can bring in beveraç

purchased in the duty-free area after immigration procedures. Also,



restrictions on carrying liquids may be applied at the security check

duty-free items must be purchased at the duty-free area of your final connecting airport.

•About Cebu International Airport

For those who come to Cebu for the first time, the flow from the immigration to the luggage lane to

the meeting place with the staff is uneasy. I will explain the flow when arriving at Cebu Airport on an

international flight.





When you get off the plane, the first thing you do is immigration.

Head towards Passport Control.

If you are a parent and child studying abroad, please line up in the same lane and go through immigration together. Judging is smooth.

\*Be sure to put your passport in your bag after it is stamped.





After immigration, it's time to pick up your luggage. Take the escalator to the baggage lane. Pick up your luggage here.



Finally, there is customs. In the direction of Customs.

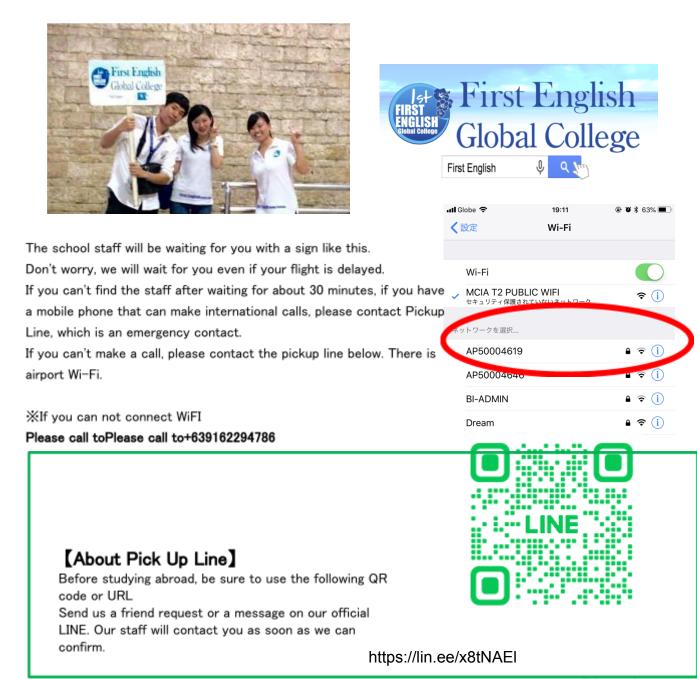


Once you pass through customs, you are finally in Cebu!



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When you go out of the airport, it is crowded with people holding many signs and information.



3.Local

☆Flow for entering Dormitory

[Arrival Day]

The pick-up staff will give you the key to your dormitory room and give you a brief tour of the

dormitory. After that, you have free time until the orientation on Monday. As for meals, you can order

bento boxes for lunch and dinner. For breakfast, there is a free light meal.

<Meal arrangements> Orders can be made in advance for the first week and at the office from the second week onwards.

\*For currency exchange, we will guide you and support you at the currency exchange on Mondays.

☆Flow of a weekFlow of a week

[Monday]

- 07:00 Please gather in front of the dormitory with writing utensils, passports, files, and enough cash to exchange money. We will take you to the classroom in the school's shuttle bus.
- 08:15~09:00 Orientation by a Filipino instructor (including self-introduction time for international students)
- 09:00~ Orientation by Japanese staff
  - Check School Policy
  - Sign and submit the consent form
  - Screening of safety-raising VTR (about 10 minutes)
- 10:00~ Shopping/Exchange support/Payment of local expenses/Counseling
  - <School Payment payment>
  - •SSP application fee 6,800 pesos
  - Dormitory deposit: 2,000 pesos
  - •Material fee: 1,500 pesos (every 4 weeks)
  - ·VISA extension fee (cost according to the length of stay of each person)
  - •Electricity bill/facility management fee/pickup fee, etc.
- 12:00~13:00 Lunch Break
- 13:00~ Class Starts
- \* Regular classes will be held on Mondays from the second week onwards.

#### [Tuesday~Friday Or From 2nd week Monday~Friday]

7:00~7:30 Please gather in front of the dormitory by the designated meeting time.In the case of the condominium plan, there is no shuttle service. Please come to the classroom by yourself before the class starts.

8:00~ Classes

#### \* After-school classroom $\rightarrow$ pick-up time to the dormitory Monday-Thursday

#### [17:00] [18:00] [20:00]

#### Friday[17:00][18:00]

### 4.Returning

• Procedures on the day before returning to Japan

[Last class day]

On the Friday before returning to Japan, the school staff will check the dormitory. If there is no problem with the condition of the dormitory room, we will refund the dormitory deposit.

•On the day of returning home

[On the day of returning home]

You can arrange a taxi to match your return flight, or we can send you to the airport with our car at 1,000 pesos / person. In that case, our school car will give priority to picking up the arriving students, so it may not be possible to meet the desired time.

### 5.For Safety

- 1. This is overseas. You have come to the Philippines. A person who has been injured or injured in an accident had some action. Avoid actions that invite danger.
- 2. There are also organized child thieves. It's a common tactic to hear that you're surrounded by small children and your mobile phone or wallet is stolen.
- 3. Prices in your country and the Philippines are very different. Let's take the price difference into consideration and act accordingly.
- ☆Local Life

#### [Curfew]

©There is no curfew for those aged 18 and over (excluding high school students).

©Children under the age of 18 (including high school students) are prohibited from going out on weekdays, and the curfew is at 21:00 on Saturdays, Sundays, and holidays.

On weekends, minors are not allowed to go out alone, and must be accompanied by a guardian instructor or an adult.

is possible. Also, when you go out, please submit an application form (with parental signature) by 12:00 noon on the Wednesday of the week you wish to go out.

please submit.

\*You will not be allowed to go out without submitting the application form.

\*The school is not responsible for any incidents or accidents that occur outside the school. This is overseas only. Live your life with the awareness that you are abroad.

[Incase you got sick]

•The school cannot hand over medicine. Please manage yourself with your own medicine.

#### [Prohibited Things]

•A man and a woman share a room except for a married couple.

## 6.Grab Taxi

- •Underage smoking and drinking.
- ·Bringing in and using dangerous goods, drugs, etc.
- ·Violent acts, noise, damage to property, and other acts that cause trouble to others.
- ·Slander or slander by posting false information on the Internet or SNS.

#### [Grab Taxi]

What is Grab? It is a "taxi dispatch app" that allows you to arrange a taxi with your smartphone!

When going out during the study abroad period, there will be more opportunities to use taxis.

Currently, most students use this app to arrange taxis.

It's easy to use, just follow the screen and specify the destination you want to go to.

The price is also displayed, and there is no need to tell the destination again to the driver.

Download Grab App



Google Play



You can now choose to log in using your Facebook or Google account, or your phone number.

You can pay the fare in cash, but if you register your credit card information in advance,

All boarding fees are paid by credit card and can be used cashless.



Room 8 2nd Floor 8 Newtown Boulevard Cluster 2, Mactan Newtown, Mactan,